

# 2016 FTX PERMISSION FORM

6 - 8 May 16

The Cadets of 659 Squadron will participate in a weekend survival training exercise leaving Pefferlaw Lion's Hall at on 6 May 16, 1730 hrs and returning 8 May 16, 1600hrs. The exercise will take place at Camp Kirk Kirkfield, On.

A kit list is attached on the following page. Cadets MUST bring their Health Card. In the event of an emergency, please call the Admin Officer's (Lt Umphrey) cell phone at 416-271-5377.

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Please return this portion

(Please print):

I, \_\_\_\_\_ give my cadet \_\_\_\_\_ permission to  
Name of Parent or Guardian (Name of Cadet)

attend the field exercise held the 6 – 8 May 16 at Camp Kirk in Kirkfield, On.

Cadet will bring Health Card and all required kit.  
Cadets are expected to have eaten dinner meal prior to arrival.

Home Phone#: \_\_\_\_\_ Cell Phone#: \_\_\_\_\_

Food Allergies: \_\_\_\_\_ Vegetarian: Yes: \_\_\_\_\_ No: \_\_\_\_\_

Medication: \_\_\_\_\_ Dosage \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## 2016 FTX

### Kit List

Since the exercise will be conducted in early spring, weather can be unpredictable. Therefore specialized equipment is required. The following lists will detail the equipment you are required to bring:

#### HEALTH CARD – NO CARD = NO GO!

- Warm Sleeping Bag
- Pillow (if needed)
- Combat Clothing if available/appropriate civilian wear otherwise
- Rain Gear
- Underwear (3 pair)
- Wool Socks (4 pair)
- Athletic socks (3 pair)
- Personal cleaning kit (soap, toothbrush, tooth paste, deodorant, towels, etc.)
- Cool weather sweater (1)
- Lip Balm (Chapstick, Blistic) and sunscreen
- Warm Pants (ie: track pants)
- Warm Hat or Toque for evenings
- Long Sleeve shirts
- Proper footwear –comfortable for PT (physical training), hiking, etc
- Backpack, or Rucksack/Duffle Bag (To carry personal equipment)
- Plate, Bowl, Knife, Fork, Spoon, bottle for water (water available on site)
- Flashlight / extra batteries
- Extra Dry Clothes to change into, if wet weather occurs all weekend
- Any other reasonable camping needs

#### **You will not bring or have in your possession:**

- Knives of any kind (Officers will have all you will need)
- Alcohol
- Cigarettes or tobacco of any kind

Prescription medication will be reported to the exercise Admin/Med O upon arrival to site on Friday.

THE CADET/CANADIAN FORCES DRUG AND ALCOHOL POLICY WILL BE STRICTLY ADHERED TO AT ALL TIMES DURING THE WEEKEND AND IS APPLICABLE TO ALL CADETS, CIC OFFICERS, AND CIVILIANS.